

Spring Fling Dance at Godnick Center

Sunday, May 19, 2013

From 1:00 - 4:00 PM

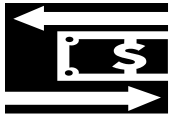
ARC - Rutland Area invites you to our next dance, the Spring Fling. The dance is being held at The Godnick Adult Center. Our plans are to have Dominos providing the pizzas, and we'll provide grinders, sodas, and ice cream. Sound like a good start? Everyone coming must call the office at 775-1370 to sign up for lunch. We want to buy enough food for everyone. So call ahead help us be ready for you and you can get ready to dance, and talk, and eat, and laugh and move some more! RSVP's are very important, please call by Wed the 15th.

~ Bring a \$1 or two for a 50/50 raffle ticket. ~

~ Non-members can make a \$3 donation. ~

(ARC staff and board members reserve the right to ask anyone exhibiting inappropriate behavior to leave the dance.)

The Godnick Adult Center is located at 1 Deer Street, off Woodstock Ave, in Rutland.



ARC ~ 2013 MEMBERSHIP

Bring \$10 or \$20 to become a current member and support ARC.



OTHER THINGS TO DO AND KNOW:

- ✱ Thanks to Loraine, Board Members, Karly, Herman and Mimi for all their volunteering.
- ✱ ARC thanks the Bomoseen Grange, the Sunshine Fund and everyone who helped with End of Winter dance.
- ✱ Call 211 for human services. Life can be hard. Finding help doesn't have to be.
- ✱ May 30 & 31, Green Mtn. Self Advocates Conference, Sheraton, Burlington. 800-564-9990 for more info. ARC has a bus going up!
- ✱ If you would like to make a memorial donation to ARC, call 775-1370 or write to the address above, we can help with the process.
- ✱ Godnick Adult Center has free to low cost activities & hikes call 773-1853.
- ✱ ARC Events Schedule:
Halloween, Sun, Oct. 27.
Annual Mtg, Sun. Nov. 17
Christmas Dinner Dance, Sunday, December 8
- ✱ Monthly Meetings you're invited to: Board, Self Advocacy, Family Support and Aktion Club, Call for info.
- ✱ Call the VT Dept. of Public Service at 800-622-4496 if you need to make a utility complaint.
- ✱ In supporting the Knights of Columbus's Tootsie Roll drive we need volunteers on May 31st & June 1st.
- ✱ *Getting too many calls, call 1 (888) 382-1222 or go to www.DoNotCall.gov and register your phone number to get rid of annoying calls.*
- ✱ The Bus offers half price bus fare tickets for folks with disabilities; \$7.50/month
- ✱ **ARC is looking for the next Maggie Pak Member Achievement, Personal and Community Award recipients, keep working on your 2013 goals and apply!** The past recipients are: Al Goodermote, Henry Graham, Amanda Senecal, Herman Goldberg, Tammy Lethbridge, Pam Brown, Steve Smiel, Ron Perry, Patty Traverse, Reid LeFevre, and Phil Stone. **Congratulations!**



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Spring Fling 2013

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