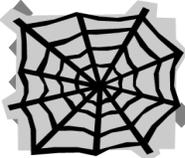


Bomoseen Grange and Sunshine Fund Sponsor~ ARC's Halloween Dance

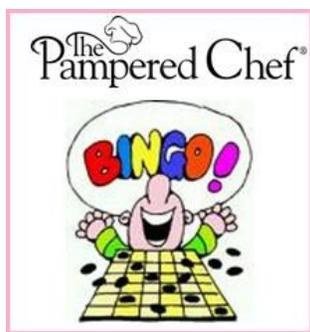


You're invited to the Bomoseen Grange and Sunshine Fund sponsored, annual ARC Halloween Dance, to be held on Sunday, October 26, 2014, from 1-4PM. Please eat lunch prior to dance, only snacks and beverages will be served. The Grange is donating beverages so other Halloween healthy-snack donations would be appreciated. Even some finger sand"witches" and veggies would be ghou-d!

There will be a bus leaving from in front of ARC Rutland Area Offices at 12:45 PM. Anyone wishing to ride the bus needs to indicate so when they call in. We would appreciate everyone attending the dance to RSVP by Thursday, Oct. 23th.



Who will you be?



Pampered Chef Bingo Fundraiser

Come join ARC Rutland Area for their first ever Pampered Chef Bingo Fundraising event. Friday, October 17, 2014, from 5 to 9 PM at the American Legion on Washington Street, Rutland. Refreshments will be sold by the

Play 10 games of Bingo for a \$20 ticket. Each of the 10 Bingo sheets has three cards on it, that's 30 chances to win. The cards can be cut from the sheet so more than one player can play per game. **Hundreds of dollars in Pampered Chef products will be given away as prizes.** All proceeds go to **ARC Rutland Area.** You will also be able to place orders for Pampered Chef products, a percentage of those sales will also be donated to ARC Rutland Area. Along with food and bingo there will be a basket raffle and a 50/50 Raffle too! For Advanced tickets or products: Call 775-1370 or drop by the office M-TH 10-2PM at 128 Merchants Row, Rutland

THE MAGGIE PAK ACHIEVEMENT AWARD: The Board of Directors of ARC and staff want to acknowledge the hard work its members continue to do. Three ARC members who have achieved a goal this year will receive an award! ALL will be recognized and congratulated for their yearly achievements at our annual meeting on November 16.

Everyone has something they are "working" on; be it a new diet, a new exercise routine, trying something new, or trying to do something a little bit better. No matter what it is, everyone who tries to better themselves finds a much happier environment around them. That is because when one looks for good, it follows them!!! Fill out the Maggie Pak's Member Achievement Award Goal sheet and submit it by the end of the Halloween dance. We'll have some forms at the Halloween dance too.

The three award winners will take home an award with their name on it!

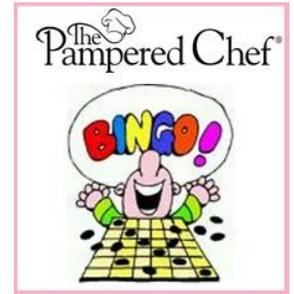


ARC Rutland Area
128 Merchants Row, Suite 302
Rutland, VT 05701
(802) 775-1370
email: arcrutlandarea@myfairpoint.net
website: www.arcrutlandarea.org

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 Permit No. 73

Change Service Requested

Halloween Dance & Pampered Chef 2014



Pampered Chef Bingo prizes will be valued over \$20 each game, see inside for details.



Please let us know if we have your address wrong, or if you would like to be added to our mailing list.

Self Advocates Becoming Empowered—

Rutland the started the year with the following goals:

- Raise Money/Car Wash
- Raise Money/ Bake Sale
- Go to Voices and Choices
- Do Disability Awareness Day in Montpelier
- Adopt a Family for Christmas



Do Disability Awareness Trainings
 Be in Halloween Parade.

Take a Green Mtn. Self Advocates Training

Go out for a Celebration

The group has completed most goals, they raised around \$140 at the car wash and \$200 at the bake sale. Along with

the pennies they collect each month, these events will benefit a family at Christmas time. Cheers to a hard working, good hearted club. They love to do so much they had to start the AKtion Club to even give more back to their community!



AKtion Club

The AKtion Club has had a very busy and fulfilling 2014. Some of the things that were worked on were; pet food drive (2 crates+), Relay for Life, growing a garden, scrapbooking at the Bardwell House, baking and bake sale (the group made \$123), donation to fire victim, and a car wash at Ponderosa. We will soon be helping ARC with getting petitions signed. Kiwanis Club of Rutland County has been helpful with service projects, along with ARC Staff. Club members need rides to service projects, so volunteer drivers are needed. When the AKtion members are talking about, or are giving back through a project they are glowing with self esteem. Kudos to the Self Advocates and AKtion Club members.

