

## ARC 2015 MEMBERSHIP

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, ST, Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

e-mail address? \_\_\_\_\_

Circle: Self-Advocate (\$10) / Family-Other (\$20) / Donation \$ \_\_\_\_\_

Please mail, or bring your membership to the dance.

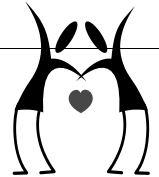
You will help cut our expense of renewal letters and receive a gift at the Christmas Dance.

### Check Your Interests

- Dances & Flyers
- Self-Advocacy Mtgs.
- Legislative Information
- Family Support Group
- Aktion Club
- Representative Payee
- Transportation
- Petitioner /Fund-raiser
- Advocacy/Resources



## ARC's Valentine BBQ



The Elk's club will again be sponsoring our Valentines Dance on Sunday, February 15, 2015, from 1 – 4:00 PM. Our plans are in full swing and DJ John Saltis has been called to provide the music.

The Elks club is on Pleasant Street in Rutland. Please call the office so we may have a head count of people attending. You must RSVP, it will ensure that everyone gets served lunch. It is very important to RSVP, we have been short because some folks came without calling in. If you need a ride, let us know when you RSVP, will try to connect you with a ride.

Membership cards for the year 2015 will

be available at the door; bring \$10, become a member or renew your current membership. Non-members will be asked to give a donation at the door. Everyone is encouraged to attend our dances, whether you're a member or not. Young through Old, Come "dancing" with us!

ARC staff and board members reserve the right to ask anyone exhibiting inappropriate behavior to leave the dance. Individual's support person is required at dance if they are not able to be left unattended.

The food is set, the DJ too, even the hall is getting ready to be decorated. Are you coming? Give us a call.



Alexa received the 2014 Maggie Pak Member Achievement Award

### THINGS TO DO AND KNOW:

- ♥ Much information is shared by e-mail, send your request for info. to: [lisa@arcrutlandarea.org](mailto:lisa@arcrutlandarea.org).
- ♥ ARC board, staff, and members thank everyone for Christmas donations.
- ♥ Self-Advocacy on 2nd Tues., learn to; speak up for yourself, be active committee members and make and reach goals.
- ♥ Aktion Club on 4th Tues., a service club that gives back to the community.
- ♥ We are set up to receive memorial donations, call 775-1370 or write to ARC.
- ♥ Alexa Wortman is very happy to have won the Maggie Pak Membership Achievement Award, Terry Stevens and Lisa Martel won awards too. Look for the 2015 application at the Valentines Dance.
- ♥ Dial 2-1-1 for everyday needs and difficult times, 211

is your connection to thousands of resources across Vermont.

- ♥ Our next dances might be: Spring Fling on April 26 at Bomoseen Grange; then Spring Fling on May 17 at the Godnick; then Halloween on Oct 25 at the Bomoseen Grange. Annual Meeting might be on Nov 15 and Christmas Dinner might be on Dec 13, 2015
- ♥ We are looking for volunteer board member, grant writer, club organizer



**ARC - Rutland Area**  
**128 Merchants Row, Suite 302**  
**Rutland, VT 05701**  
**(802) 775-1370**  
email: [info@arcrutlandarea.org](mailto:info@arcrutlandarea.org)  
website: [www.ARCRutlandArea.org](http://www.ARCRutlandArea.org)

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Change Service Requested

Valentines 2015

**United  
Way**



Please let us know if we have your address wrong, or if you would like to be added to our mailing list.

FOR IMMEDIATE RELEASE, Pam Brown, Acting Secretary  
Aktion Club of Rutland County

## **AKtion Club Of Rutland County Serves Wounded Soldiers**

Rutland, VT – January 2015; The AKtion Club of Rutland County, a Kiwanis family member, is a group of adults living with disabilities and supported by ARC Rutland Area. The AKtion Club is collecting t-shirts, candy, socks, and under garments; then they will be mailed to wounded soldiers. The group also sent Christmas cards to the wounded soldiers in December. The items are being sent to the wounded soldiers because they needed some cheering up and the club was not sure if their families had sent them anything to cheer them up during the holiday season. These items were sent to the soldiers that are wounded in Bagdad.

The goal was made in the early part of the year and now this is the finishing step to accomplishing the goal. The group is trying to help out the soldiers. A celebration is held to acknowledge the group's efforts of meeting their goals.

ARC Rutland Area is an organization that advocates for the rights of citizens with Developmental Disabilities and their families to be regarded as valued citizens with the same entitlements as non-disabled individual, including the right to lifelong opportunities for personal growth and full participation in the community.

They can be reached at 775-1370 or by email at [info@arcrutlandarea.org](mailto:info@arcrutlandarea.org) , or you can check out their new webpage: [www.arcrutlandarea.org](http://www.arcrutlandarea.org) .

