

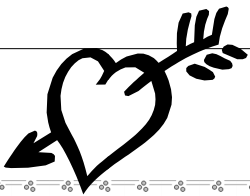
## ARC 2013 MEMBERSHIP

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, ST, Zip \_\_\_\_\_  
Phone Number \_\_\_\_\_  
e-mail address? \_\_\_\_\_  
Circle: Self-Advocate (\$10) / Family-Other (\$20) / Donation \$ \_\_\_\_\_

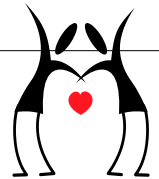
Please mail, or bring your membership to the dance.  
You will help cut our expense of renewal letters and  
receive a gift at the Christmas Dance.

### Check Your Interests

- Dances & Flyers
- Self-Advocacy Mtgs.
- Legislative Information
- Family Support Group
- Aktion Club
- Representative Payee
- Transportation
- Petitioner /Fund-raiser
- Advocacy/Resources



## ARC's Valentine BBQ



The Elk's club will again be sponsoring our Valentines Dance on Sunday, February 10, 2013, from 1 – 4 PM. Our plans are in full swing and DJ John Saltis has been requested to provide the music.

The Elks club is on Pleasant Street in Rutland. Please call the office so we may have a head count of people attending. You must RSVP, it will ensure that everyone gets served lunch. It is very important to RSVP, we have been short because some folks came without calling in. Let us know you need a ride when you RSVP.

Membership cards for the year 2013 will be available at the door; bring \$10, become a member or renew your current

membership. Non-members will be asked to give a donation at the door. Everyone is encouraged to attend our dances, whether you're a member or not. Young through Old, Come "dancing" with us! Our hearts are open.

ARC staff and board members reserve the right to ask anyone exhibiting inappropriate behavior to leave the dance. Individual's support person is required at dance if they are not able to be left unattended.

The food is set, the DJ too, even the hall is getting ready to be decorated. Are you coming? Give us a call.



Al  
Goodermote received 2012  
Maggie Pak

### THINGS TO DO AND KNOW:

- ♥ **Feb 9 Sibshop: fun & meaningful activities for siblings!!!!**
- ♥ Much information is shared by e-mail, send your request for info. to: [arcrutlandarea@myfairpoint.net](mailto:arcrutlandarea@myfairpoint.net).
- ♥ ARC board, staff, and members thank everyone for Christmas donations.
- ♥ Self-Advocacy on 2nd Tues., learn to; speak up for yourself, be active committee members and make and reach community goals.
- ♥ RFSN Parent/ Families Together, 3rd Tues., bring a dish and make friends/network.
- ♥ Aktion Club on 4th Tues., a service club that gives back to the community
- ♥ We are set up to receive memorial donations, call 775-1370 or write to ARC.
- ♥ Look for the 2013 Application for the Maggie Pak Member Achievement Awards at the Valentines Dance.
- ♥ Dial 2-1-1 for everyday needs and difficult times, 211 is your connection to thousands of resources across Vermont / Rutland.
- ♥ Our next dances are: End of Winter on April 14 at Bomo-seen Grange; then Spring Fling on May 19 at the Godnick; then Halloween on Oct 27 at the Bomo-seen Grange, if funds are available. Annual Meeting and Christmas dates are to be Nov and Dec.



**ARC - Rutland Area**  
**128 Merchants Row, Suite 302**  
**Rutland, VT 05701**  
**(802) 775-1370**

**email: [arcrutlandarea@myfairpoint.net](mailto:arcrutlandarea@myfairpoint.net)**  
**website: <http://home.myfairpoint.net/~arcrutlandarea>**

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 Permit No. 73

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Valentines 2013

Change Service Requested

**United  
Way**



**Please let us know if we have your address wrong, or if you would like to be added to our mailing list.**



*Misty Meadows Spring Water, Inc.*  
*Water and Coffee Service for Home and Office*  
 802-775-1172 Rutland Vermont

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our  
Sponsors**



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## AFFINITY MEMBERSHIP PROGRAM

### IT PAYS TO BELONG!

Help support our fundraising efforts by joining TD Bank's Affinity Membership Program. Your participation earns us an annual contribution based upon the number of members enrolled.

Eligible accounts include:

- Checking
- Money Market
- Savings
- CDs
- IRA

Existing TD Bank Customers are eligible, too! Just give them our organization's name and they'll take care of the rest.

TD Bank will make a contribution to ARC based on the type of accounts you Link with us!

You'll receive \$50 for new Checking Accounts and \$10 for existing accounts when you sign up with our Fundraiser.

Just call Sandy Murray at 786-4104 and tell her you're an ARC member.