

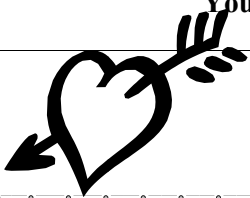
ARC 2018 MEMBERSHIP

Name: _____
Address: _____
City, ST, Zip _____
Phone Number _____
e-mail address? _____
Circle: Ind. Served (\$10) / Family-Other (\$20) / Donation \$ _____

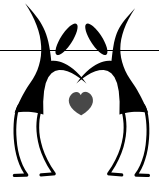
Please mail, or bring your membership to the dance.
You will help cut our expense of renewal letters.

Check Your Interests

- Dances & Flyers
- Self-Advocacy Mtgs.
- Legislative Information
- Family Support Group
- Aktion Club
- Representative Payee
- Transportation
- Petitioner /Fund-raiser
- Advocacy/Resources



ARC's Valentine BBQ



The Elk's club will again be sponsoring our Valentines Dance on Sunday, February 11, 2018, from 1 – 4:00 PM. Our plans are in full swing and DJ John Saltis has been called to provide the music.

The Elks club is on Pleasant Street in Rutland. Please call the office so we may have a head count of people attending. You must RSVP, it will ensure that everyone gets served lunch. It is very important to RSVP, we have been short because some folks came without calling in. If you need a ride, let us know when you RSVP, will be running the bus.

Membership cards for the year 2018 will

be available at the door; bring \$10, become a member or renew your current membership. Non-members will be asked to give a donation at the door. Everyone is encouraged to attend our dances, whether you're a member or not. Young through Old, Come "dancing" with us!

ARC staff and board members reserve the right to ask anyone exhibiting inappropriate behavior to leave the dance. Individual's support person is required at dance if they are not able to be left unattended.

The food is set, the DJ too, even the hall is getting ready to be decorated. Are you coming? Give us a call.



CK received the 2017 Maggie Pak Member Achievement Award

THINGS TO DO AND KNOW:

- ♥ Much information is shared by e-mail, send your request for info. to: lisa@arcrutlandarea.org.
- ♥ ARC board, staff, and members thank everyone for Christmas donations.
- ♥ Self-Advocacy on 2nd Tues., learn to; speak up for yourself, make and reach goals.
- ♥ Aktion Club on 4th Tues., a service club that gives back to the community.
- ♥ We are set up to receive memorial donations, call 775-1370 or write to ARC.
- ♥ CK is very happy to have won the Maggie Pak Membership Achievement Award, Abe and Pam won awards too. Look for the 2018 Application at the Dance.
- ♥ Dial 2-1-1 for everyday needs and difficult times, 211 is your connection to thousands of resources across Vermont.
- ♥ Our next dances are: End of Winter on April 22 at Castle-

ton Legion; then Spring Fling on June 3 at the Godnick; then Halloween on Oct 28 at the Castleton Legion, Pampered Chef Bing on Fri Nov 2, Annual Meeting and Christmas Dinner is set for Dec 9th.

- ♥ Wed, Feb 28, join us at the State House for Disability Awareness Day
- ♥ Look for C.O.R.E with VT Adapt. Ski and Sports
- ♥ Adaptive Fitness Classes at Fitness Made Fun!

STAY ACTIVE!



ARC - Rutland Area
128 Merchants Row, Suite 302
Rutland, VT 05701
(802) 775-1370
email: Info@ARCRutlandArea.org
website: www.ARCRutlandArea.org

Non-Profit Org.
U.S. Postage
PAID
Rutland, VT
Permit No. 73

Valentines 2018

Change Service Requested



**United
Way**



Please let us know if we have your address wrong, or if you would like to be added to our mailing list.

USE SOCIAL MEDIA OUTLETS FOR EASY DONATIONS TO :

Supporting the Community Through a Meaningful Life

If one is wondering why ARC Rutland Area is needed, we have a few good answers right here for you. As human beings develop from childhood to adulthood the transition from school to living on "your own" does not happen naturally for many people living with Developmental Disabilities (DD). Many people of this community may find themselves home most the days with nothing to do, ARC offers community activities that allow people with DD to be productive self-directed citizens. We are here to advocate and support the right to be regarded as a valuable community member with the same rights as a non-disabled citizen.

We are not a creature that thrives by staying in a "cave" most the time. Please consider donating to ARC Rutland Area and give the financial support that is needed to run the organization that is involved in Creating Vital Communities. <https://www.givegab.com/nonprofits/arc-rutland-area/campaigns/supporting-the-community-through-a-meaningful-life>.