

Summer Issue



ARC

Advocacy * Resources * Community

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SPONSOR

Autumn Barn Picnic

Hosted by: The Duffy Family

Poultney, VT

Sunday September 27th 1:00—3:00pm

Picnic

Music

Lawn Games

Bonfire

Karaoke

Sign-a-long

Please RSVP before Thursday September 24th

All Social Distancing Protocols will be Followed

ARC will Supply Masks & Gloves

Limited Transportation will be provided

Volunteers Needed
to Collect Petition Signatures
for Town Funding

Brandon Mt Holly Ira
Leicester Middlebury Danby
Rutland Town

PLEASE Call Ross at ARC 775.1370

We will be doing more Email and
Facebook messaging.
Update your email address
Send your email address to:
info@arcrutlandarea.org

Aktion Club & Self Advocates

Join the Cause and have some Fun

What we've been doing.....

Trivia on ARC Facebook Page

ARC's GREAT Coloring Contest

Phone Bingo

"Grow & Show" Summer Plants

July 14th In-person Meeting

July Fun and Learning Packet

Coming up.....

August Fun and Learning Packet

August 26th Joint Club Meeting and

Crystal "Beach" Party inc Lunch \$4 per person

Call ARC today and join!

802.775.1370

ARC President's Message

Dear Members and Supporters,

We hope you are all well and staying safe during this challenging time. While this time is difficult for all, it is particularly sad and frustrating to our members; some of whom may not quite understand why they can't go to work, see their friends, and participate in group activities at this time.

The ARC Board and staff also miss seeing our members in person and providing the large functions they enjoy, but we must put everyone's safety first. Know we are working diligently to find new and creative ways to engage with you safely until we can resume our normal events.

Please stay safe and well and practice all the recommended ways to protect yourself and others from contracting the virus.

Sincerely,

Melissa Stevens, President, ARC Rutland Area Board of Directors

ARC Maggie Pak's Achievement Awards

Have you set your individual goals?

Now is the time !

ARC Member Benefits

**Free Monthly
BUS Passes**

**Call ARC Offices
for additional details
802.775.1370**

Here is what you need to do:

Decide what steps you need to take to reach your goal.

Write down each step.

Keep track.

In the Fall you will be asked the following questions:

Did you complete each step to reach your goal?

What have you learned from the goal process?

How did the people around you benefit from your goal?





Meet Your Board

Hi everyone, my name is Bob Baxter and I'm very, very, pleased to be part of this wonderful organization ARC. As a board member I just like to give you a little peak into my life overall. I am originally from Boston, Massachusetts area and I attended Paul Smith College, Quincy College and locally the College of Saint Joseph right here in Rutland, Vermont. I have a degree in Hotel and Restaurant Management and a Bachelor's Degree in Business Management. My work career has been with Walt Disney World in Orlando, Florida, twelve years with Federal Express overnight division, eleven years in Rutland City Public Schools, time with the Howard Center in Rutland, Vermont and several years with Rutland Mental Health. I've also have been a volunteer with Vermont Adaptive Ski & Sports as a visually impaired ski instructor for the last thirteen years and currently working as a part-time ski instructor at Pico Mountain located in Killington, Vermont. Fun things that I like to do are golf, ski, softball, gardening, travel and eat out at a nice restaurant. I'm a die-hard Boston Bruins, Red Sox, Patriots and finally Celtics fan. I have a great family with one daughter Marisa Baxter who's a member of ARC plus a wonderful wife Lori who is always giving back to her hometown community of Rutland, Vermont and a very cute Boston Terrier who's name is Lacey. In closing I hope everyone has a wonderful summer and enjoy the great weather that we've been having this year. See you all again soon at our next ARC meeting or event, remember to stay safe and practice social distancing. Thanks everyone!!

In Memory of Our Dear Friend RALPH SWEET

Ralph Sweet PROCTOR — Ralph Sweet, 73, died suddenly March 10, 2020, at home. He was born Jan. 2, 1947, in Burlington, the son of Joseph and Charlena (Shortsleeve) Sweet. He was employed at the McCullough family farm for 45 years. Mr. Sweet enjoyed farming, riding his bicycle, snowmobiling, karaoke and coloring. Survivors include four siblings, Marjorie Booska of Vergennes, Robert and Roy Sweet of North Carolina and Rodney Sweet of Winooski; several nieces and nephews; his caregivers, Burt and Rita McCullough and their extended family. A celebration of life will be held at a later date at Franklin's Restaurant in Proctor, as well as burial in Huntington Center Cemetery. Memorial contributions may be made to ARC Program, Suite 401, 128 Merchants Row, Rutland, VT 05701. Arrangements are by Clifford Funeral Home in Rutland.

Complete and Return to: Vermont 211 PO Box 111 Essex Jct, VT 05453
Email: info@vermont211.org

Citizens Assistance Registry for Emergencies (CARE)	
	
	
Would you need help in an emergency or evacuation?	
<i>If you have a disability or other special circumstances which may cause you to need special help in an emergency, please complete this form and return it to Vermont 211, P.O. Box 111, Essex Jct., VT 05453 or e-mail to: info@vermont211.org.</i>	
PLEASE MARK AN "X" IN EACH BOX THAT APPLIES TO YOU.	
<i>I would need assistance if my area was:</i>	<input type="checkbox"/> being evacuated <input type="checkbox"/> isolated (road closures, blizzards, etc.) <input type="checkbox"/> had a long-term power outage
PLEASE MARK AN "X" IN EACH BOX THAT APPLIES TO YOU.	
<input type="checkbox"/> I do not have transportation available to leave the area in an emergency. <input type="checkbox"/> I can ride in car. <input type="checkbox"/> I can ride in a van or bus. <input type="checkbox"/> I use a wheelchair and need a wheelchair van. <input type="checkbox"/> I would need to ride in an ambulance.	<input type="checkbox"/> I have a service animal. <input type="checkbox"/> I am deaf or hard of hearing and/or do not speak English. <input type="checkbox"/> I have a visual impairment. <input type="checkbox"/> I use oxygen and have a back-up supply that will last: <input type="checkbox"/> < 8 hours <input type="checkbox"/> > 8 hours
Please note: SUBMISSION OF THIS FORM DOES NOT GUARANTEE YOUR SAFETY! You will still be responsible for contacting emergency personnel should you feel you are in danger.	
By completing this form, you understand that all groups involved in helping to keep you safe in an emergency may have access to the information.	
REGISTRANT NAME: _____	ALTERNATE CONTACT NAME: _____
STREET ADDRESS: _____	PHONE: _____
TOWN: _____	E-MAIL: _____
PHONE: _____	
E-MAIL: _____	
A representative of CARE may contact you in the future to update your registration.	



ARC Advocacy * Resources * Community

ARC Rutland Area Inc.
Ross W Almo
Executive Director
E: ExecDirector@ARCRutlandArea.org

Non-Profit Org.
U.S. Postage
PAID
Permit #4
Rutland, VT 05701
PRST STD

128 Merchants Row, Suite 401

Rutland, VT 05701

P: 802-775-1370

E: Info@ARCRutlandArea.org

AUGUST

8/12/2020	August Fun & Learning Packet	Mailing	NEW	N/A
8/26/2020	Joint Meeting & Summer Celebration	Crystal Beach	\$4 per person	Bus

SEPTEMBER

9/15/2020	Joint SABE-R / Aktion Club Meeting	CAP Wellness Center		Bus
9/27/2020	Barn Picnic & Dance	Duffy Family Home	Poultney	Bus

OCTOBER

10/20/2020	Joint SABE-R / Aktion Club Meeting	CAP Wellness Center		Bus
10/16/2020	Pampered Chef Bingo	American Legion Rutland		On Own
10/31/2020	Halloween Parade w/Rutland Kiwanis	Rutland		TBA

ARC's Great Coloring Contest WINNERS

Herman Goldberg
Pam Brown

Annaliese Bieg
Rosie Hathaway

Marisa Bater
Patty Travers



Support ARC Rutland Area while shopping on amazon smile. Visit: smile.amazon.com . Sign into your account or register for a new account. Select ARC Rutland Area for your charity of choice. ARC will receive a percentage of the price on every eligible purchase. It's a great way to shop and support ARC.