



## BOARD OFFICERS:

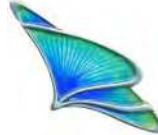
Melissa Stevens  
President

Matthew Whitcomb  
Vice President

Open  
Treasurer

Mikayla Shaw  
Secretary

## ANNOUNCING THE OPENING OF THE MARY AND LEONARD F WING JR SENSORY AND RESOURCE CENTER



ARC Rutland Area is proud to announce the launching of the Mary and Leonard F. Wing JR Sensory and Resource Center, the Wing Center. Official opening is planned for early December 2020.

## BOARD MEMBERS:

John B. Wing

Kate Tibbs

Bob Baxter

Herman Goldberg

Artist, Liz Mead, of Chittenden, volunteered to paint ARC's *Tree of Life*, which highlights our community partners and resources working together to accomplish our mutual goals.

## HONORARY MEMBER:

Terry Mangieri

The Wing Room focuses on nine areas to assist and enrich while integrating social and communication skills for its members. These include Area Agency Services, Sensory Awareness & Meditation, Advocacy Education, Computer Skills Station, Electronic Learning System, Social & Life Skill Classes, Arts & Crafts and Club Meetings.

## EXECUTIVE DIRECTOR

Ross W. Almo

ARC identified a need for additional services for those with Developmental and Intellectual Disabilities in and around Rutland County. Through a grant from the United Way of Rutland County, donations, and the hard work of many volunteers, the goal is coming to fruition.

## REPRESENTATIVE PAYEE

Denise Leach



Partner Agency



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Let us know how we are doing. Visit Great Nonprofits:  
<https://greatnonprofits.org/org/arc-rutland-area-inc>

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### ARC's Self Advocated Becoming Empowered—Rutland (SABE-R) and Aktion Club

The ARC Self Advocates (SABE-R) and the Aktion Club have been engaged and busy throughout the pandemic. On August 24<sup>th</sup> the group met at Crystal Beach on Lake Bomoseen for a meeting and lunch. Everyone wore masks, followed self-distancing and other state requirements. We all enjoyed the opportunity to see and speak to the other members. Lee and Lehana from Green Mountain Self Advocates distributed PPE kits and spoke with the group on the importance of continued diligence in following all state and local guidelines. The group shared what they enjoyed in the July 'Fun & Learning' packet and Ross distributed the August-September packets. Everyone participating in "Caring and Sharing" with summer stories. A moment of silence was held in memory of our dear friend, supporter and Kiwanis Club liaison; Norma Montaigne.

Coming up: **Monday, September 21<sup>st</sup> at 3:30pm** the group will meet via ZOOM with guest speaker Merry Postemski from Disability Rights Vermont to review the 2020 Voters Guide for people with disabilities. On **Sunday, September 27<sup>th</sup>** ARC members are invited to an outdoor Barn Party in Poultney. Sign up now! Keep a look out for **Monthly ZOOM Bingo** dates, times and login information.

**ZOOM BINGO: Tuesday October 6th 3:30pm**



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### Meet Your Board

**Herman Goldberg** is a longstanding volunteer at ARC Rutland Area and a prominent figure in Downtown Rutland for over 20 or years. Herman's favorite activities are volunteering at ARC, raising and donating money for various charitable organizations, attending ARC events, visiting with his many friends, writing letters, having a beer with a friend, and touring Vermont when his nieces come to visit him in the summer. Perhaps his most favorite event of the year is attending the Green Mountain Self Advocates conference with his best friend, Lisa. Herman enjoys dressing up for and celebrating all holidays and can be seen around Christmas time taking a picture with almost every Santa in Rutland county. On Herman's birthday in 2000 the Mayor of Rutland declared that day "Herman Goldberg Day" as he had raised over \$30,000 for various charitable organizations in Rutland. Almost 20 years later, we can't imagine how much money he has donated since. Herman has an infectious smile and is always there to lend a hand for any task presented to him.

# Autumn Barn Picnic

Hosted by: The Duffy Family Poultney, VT

**Sunday September 27th 1:00—3:00pm**

Picnic Karaoke Music

Lawn Games Bonfire Sign-a-long

**Please RSVP before Thursday September 24th**

**802-775-1370**

**All Social Distancing Protocols will be Followed**

**ARC will Supply Masks & Gloves**

**Limited Transportation will be provided**

**Sorry: There will NOT be a Halloween Dance this year.**

## ARC Maggie Pak's Achievement Awards

Have you set your individual goals?

Here is what you need to do:

Decide what steps you need to take to reach your goal.

Write down each step.

Keep track.

Did you complete each step to reach your goal?

What have you learned from the goal process?

How did the people around you benefit from your goal?

How have ARC's programs made your life better?

**Call ARC for a Application**

**802.775.1370**

**ARC will be doing  
more Email &  
Facebook Messaging.  
Update your email  
address  
Send to:  
info@arcrutlandarea.org**

Dear Members and Supporters,

We hope you are all well and that you were able to enjoy the summer despite this challenging time. ARC is slowly resuming some in person activities where proper social distancing is possible. The Aktion Club and Self-Advocate Group had an outdoor meeting in the Center St. Alley Park in July and an August meeting with lunch and swimming at Crystal Beach which was greatly enjoyed by all who were able to attend.

We also have a Barn Picnic and Dance planned for Sunday, September 27<sup>th</sup> at the Duffy Family home in Poultney. On behalf of the ARC board, staff, and members, I extended our sincere gratitude to the Duffy Family for their generosity in hosting this event.

Supporters like the Duffy Family are vital to ARC's success in carrying out our services and programs. Please consider making a financial or gift in-kind contribution to ARC.

Sincerely,

Melissa Stevens  
President, ARC Rutland Area Board of Directors



**Bring a  
Packaged  
Snack to  
Share**



**ARC** Advocacy \* Resources \* Community

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**2020 VOTERS GUIDE**

For People with Disabilities

Available at ARC Offices or call for a copy to be mailed

Published by: Disability Rights Vermont



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