

Non-Profit Org. U.S. Postage PAID Permit #4 Rutland, VT 05701

ARC Rutland Area Inc. Ross W Almo **Executive Director** E: ExecDirector@ARCRutlandArea.org

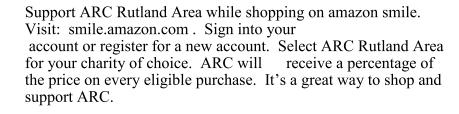
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# **Holiday Issue**



#### **BOARD OFFICERS:**

**Melissa Stevens** President

**Matthew Whitcomb Vice President** 

> Open Treasurer

Mikayla Shaw Secretary

# **ARC Rutland Area Holiday Celebration 2020**



**BOARD MEMBERS:** 

John B. Wing

**Kate Tibbs** 

**Bob Baxter** 

Herman Goldberg

Participants: Must sign-up in advance by calling or emailing ARC Rutland Area

Location: The Elks Club 44 Pleasant Street Rutland, VT 05701 **Date:** Sunday December 13th **Time:** 1:00 – 3:30PM **Time:** All ARC Members get a pre-assigned time, half hour increments

**Limited Bus Transportation Available:** First come basis

**Entrance: Welcome and Receive Your Dash Bag** 

**Holiday Music and Christmas Tree** 

**Exit: Happy Holidays** 

Social Distancing Line with Four Dash Stations

**HONORARY MEMBER:** 

Terry Mangieri

Sign -in and receive your Reindeer Antlers Christmas Card & Gift

Membership Renewal & Annual Report

Bagged Lunch

**EXECUTIVE DIRECTOR** 

Ross W. Almo

**RSVP TODAY** 

802.775.1370

info@arcrutlandarea.org

#### REPRESENTATIVE PAYEE

**Denise Leach** 



**Partner Agency** 



**SPONSOR** 

# **ARC Rutland Area** 2021

# **MEMBERSHIP DRIVE**

Join at the Holiday Celebration

online at: arcrutlandarea.org



2019 Party Tree

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### ARC President's Message

This has been a challenging year for all. ARC had to find new and creative ways to serve our members and carry out our programs as best as possible. We had a few successful in person events – a Valentine's Day Dance, a day at the lake and a barn picnic. We learned to use Zoom for Board meetings, Aktion Club and Self-Advocates meetings, and for Bingo. Unable to hold our Annual Pampered Chef Bingo Fundraiser, we needed to create a virtual fundraising event. So, through the generous donations of many local businesses and individuals we were able to hold a Charitable Auction on eBay benefitting ARC. And in order to provide some kind of a Christmas event this year, we created the Reindeer Dash.

The Board extends its sincere appreciation to all our supporters, donors, partners, and volunteers who stuck with us during this especially difficult time. You make all of ARC's programs and activities possible. Thank you to our members for their patience and continued participation while programs are being conducted virtually.

I also thank our board for their service and our staff for the effort they put in day in and day out to make sure that our members are well served and that needed funding is secured for the organization.

In closing, all of us at ARC wish you and yours a joyous and safe holiday and hope that the New Year brings health, happiness, and peace

Sincerely,

Melissa Stevens, President, ARC Rutland Area Board of Directors

# ARC's AKtion Club & SABE-R (Self Advocates) **Happenings**

Officers: President: Tony Buck Vice President: Jessica Traverse

Treasure and Secretary: Herman Goldberg

Monthly Meetings via ZOOM or Phone-in option \*Check ARC Facebook for updates

**Guest Speakers:** 

Nanci Gordon: Vermont 211 Available Resources Lee Reilb: Green Mt Self Advocates COVID 19 Merry Postemski: Disability Rights VT Voter's Rights

Kyle Robillard: Rutland Fire Dept Fire Safety

Fun & Learning Packets: in July & August 2020 Holiday Packets coming soon

**Holiday Community Care Donations** 

AKtion Club to Donate: \$75.00 SABE-R to Donate: \$100

Caring & Sharing time to hear others experiences, challenges and accomplishments

## **Meet Your Board**

Hello, my name is Melissa Stevens. I've been an ARC Board member for five years and board president for three of those years. I was born and raised In Rutland. I'm a graduate of the College of St. Joseph with a Bachelor of Science degree in Business Management and a minor in Human Services. I also hold a Master of Science degree in Administration from Saint Michael's College. I was employed for over thirty years at the College of St. Joseph as Development Office Data Systems Manager. In this position I managed the database of alumni, donors, and friends of the college; assisted in fundraising and grant writing efforts; and was responsible for recording and reporting on the results. My hobbies are digital photo and video editing, reading, and watch-

I joined the ARC Board because I have a brother with developmental disabilities who participates in and loves ARC's programs. In addition, I have life-long physical disabilities myself; so I know first-hand many of the issues our members face and I am invested in addressing those issues.



**MONTHLY GAMES** First Tuesday of the Month 3:30—4:30PM Watch ARC's Facebook Page or call for details 802.775.1370

# WANTED

Gift Cards Coupons / Store Credits any Store, Restaurant or Service

ARC Rutland Area will put them to good use!

### **OPENING SOON**

# MARY AND LEONARD F WING JR SENSORY AND RESOURCE CENTER



## WING CENTER FEATURE PROGRAMS

### LIFE SKILLS:

#### **Creative Minds:**

VT environmental art, recycle art, glass painting

Knotty Knitters: learn to knit or use a loom, team involvement will contribute toward making a communal quilt

The Book Club: Read, Listen and Discuss

Food for Thought: Learn nutrition facts, develop a budget, shop store flyers, read and understand recipes and prepare microwave and slow cooker meals

**Exploring Rutland, Vermont and beyond**: Visit or read about our local, natural, historical sights and attractions

Meet Your Neighbors: Guest Speakers and presenters from in and around Rutland County and

Rest and Relaxation: Learn self and group exercises to maintain focus, sensory awareness and relaxation

### SOCIAL SKILLS:

Activities: Social interaction, confidence and independence as well as team building

Bingo

Trivia Pursuit

Music Appreciation: listen, followed by discussions of meaning, rhythm, emotions

Social Awareness: exercises, discussions and best practices sharing

Movie Night: view an informative or expressive story followed by discussions of story's meanings,

visuals, emotions