



ARC Rutland Area Inc.  
Ross W Almo  
Executive Director  
E: [ExecDirector@ARCRutlandArea.org](mailto:ExecDirector@ARCRutlandArea.org)

128 Merchants Row, Suite 401  
Rutland, VT 05701  
P: 802-775-1370  
E: [Info@ARCRutlandArea.org](mailto:Info@ARCRutlandArea.org)

Non-Profit Org.  
U.S. Postage  
**PAID**  
Permit #4  
Rutland, VT 05701  
PRST STD

## Holiday Issue



### BOARD OFFICERS:

Melissa Stevens  
President

Matthew Whitcomb  
Vice President

Open  
Treasurer

Mikayla Shaw  
Secretary

## ARC Rutland Area Holiday Celebration 2020



## “The Reindeer Dash” (Grab & Go)

### BOARD MEMBERS:

John B. Wing

Kate Tibbs

Bob Baxter

Herman Goldberg

**Participants:** Must sign-up in advance by calling or emailing ARC Rutland Area  
**Location:** The Elks Club 44 Pleasant Street Rutland, VT 05701  
**Date:** Sunday December 13th **Time:** 1:00 – 3:30PM  
**Time:** All ARC Members get a pre-assigned time, half hour increments  
**Limited Bus Transportation Available:** First come basis  
**Holiday Music and Christmas Tree**  
**Social Distancing Line with Four Dash Stations**

### HONORARY MEMBER:

Terry Mangieri

**Entrance: Welcome and Receive Your Dash Bag**

Sign -in and receive your Reindeer Antlers  
Christmas Card & Gift  
Membership Renewal & Annual Report  
Bagged Lunch

### EXECUTIVE DIRECTOR

Ross W. Almo

**Exit: Happy Holidays**

**RSVP TODAY 802.775.1370 [info@arcrutlandarea.org](mailto:info@arcrutlandarea.org)**

### REPRESENTATIVE PAYEE

Denise Leach

**amazon smile**  
You shop. Amazon gives.

Support ARC Rutland Area while shopping on amazon smile.  
Visit: [smile.amazon.com](https://smile.amazon.com) . Sign into your  
account or register for a new account. Select ARC Rutland Area  
for your charity of choice. ARC will receive a percentage of  
the price on every eligible purchase. It's a great way to shop and  
support ARC.



SPONSOR



Partner Agency



SPONSOR

## ARC Rutland Area 2021

## MEMBERSHIP DRIVE

**Join at the Holiday Celebration  
or  
online at: [arcrutlandarea.org](https://arcrutlandarea.org)**



2019 Party Tree

ARC President’s Message

This has been a challenging year for all. ARC had to find new and creative ways to serve our members and carry out our programs as best as possible. We had a few successful in person events – a Valentine’s Day Dance, a day at the lake and a barn picnic. We learned to use Zoom for Board meetings, Aktion Club and Self-Advocates meetings, and for Bingo. Unable to hold our Annual Pampered Chef Bingo Fundraiser, we needed to create a virtual fundraising event. So, through the generous donations of many local businesses and individuals we were able to hold a Charitable Auction on eBay benefitting ARC. And in order to provide some kind of a Christmas event this year, we created the Reindeer Dash.

The Board extends its sincere appreciation to all our supporters, donors, partners, and volunteers who stuck with us during this especially difficult time. You make all of ARC’s programs and activities possible. Thank you to our members for their patience and continued participation while programs are being conducted virtually.

I also thank our board for their service and our staff for the effort they put in day in and day out to make sure that our members are well served and that needed funding is secured for the organization .

In closing, all of us at ARC wish you and yours a joyous and safe holiday and hope that the New Year brings health, happiness, and peace to all.

Sincerely,

Melissa Stevens, President, ARC Rutland Area Board of Directors

ARC’s AKtion Club & SABE-R (Self Advocates)  
Happenings

**Officers:** President: Tony Buck Vice President: Jessica Traverse  
Treasure and Secretary: Herman Goldberg

**Monthly Meetings** via ZOOM or Phone-in option \*Check ARC Facebook for up-  
dates

**Guest Speakers:**

Nanci Gordon: Vermont 211 Available Resources

Lee Reilb: Green Mt Self Advocates COVID 19

Merry Postemski: Disability Rights VT Voter’s Rights

Kyle Robillard: Rutland Fire Dept Fire Safety

**Fun & Learning Packets:** in July & August 2020 Holiday Packets coming soon

**Holiday Community Care Donations**

AKtion Club to Donate: \$75.00

SABE-R to Donate: \$100

*Caring & Sharing* time to hear others experiences, challenges and accomplishments

**Meet Your Board**

Hello, my name is Melissa Stevens. I’ve been an ARC Board member for five years and board president for three of those years. I was born and raised In Rutland. I’m a graduate of the College of St. Joseph with a Bachelor of Science degree in Business Management and a minor in Human Services. I also hold a Master of Science degree in Administration from Saint Michael’s College. I was employed for over thirty years at the College of St. Joseph as Development Office Data Systems Manager. In this position I managed the database of alumni, donors, and friends of the college; assisted in fundraising and grant writing efforts; and was responsible for recording and reporting on the results. My hobbies are digital photo and video editing, reading , and watching movies.

I joined the ARC Board because I have a brother with developmental disabilities who participates in and loves ARC’s programs. In addition, I have life-long physical disabilities myself; so I know first-hand many of the issues our members face and I am invested in addressing those issues.



**ZOOM—Phone**

**MONTHLY GAMES**  
First Tuesday of the Month  
3:30—4:30PM  
Watch ARC’s Facebook Page  
or call for details  
802.775.1370

**WANTED**

**Gift Cards**  
**Coupons / Store Credits**  
**any Store, Restaurant or Service**

**ARC Rutland Area will put them  
to good use !**

OPENING SOON

**MARY AND LEONARD F WING JR**  
**SENSORY AND RESOURCE CENTER**



**WING CENTER FEATURE PROGRAMS**

**LIFE SKILLS:**

**Creative Minds:**

VT environmental art, recycle art, glass painting

**Knotty Knitters:** learn to knit or use a loom, team involvement will contribute toward making a communal quilt

**The Book Club:** Read, Listen and Discuss

**Food for Thought:** Learn nutrition facts, develop a budget, shop store flyers, read and understand recipes and prepare microwave and slow cooker meals

**Exploring Rutland, Vermont and beyond:** Visit or read about our local, natural, historical sights and attractions

**Meet Your Neighbors:** Guest Speakers and presenters from in and around Rutland County and Vermont

**Rest and Relaxation:** Learn self and group exercises to maintain focus, sensory awareness and relaxation

**SOCIAL SKILLS:**

**Activities:** Social interaction, confidence and independence as well as team building

**Bingo**

**Trivia Pursuit**

**Music Appreciation:** listen, followed by discussions of meaning, rhythm, emotions

**Social Awareness:** exercises, discussions and best practices sharing

**Movie Night:** view an informative or expressive story followed by discussions of story’s meanings, visuals, emotions