



**BOARD OFFICERS:**

Melissa Stevens  
President

Matthew Whitcomb  
Vice President

Open  
Treasurer

Open  
Mikayla Shaw

# St Patrick's Celebration

**GRAB & GO**

**Rutland Elks Lodge**

**Participants:** Must sign-up in advance by calling or emailing ARC Rutland Area

**Location:** The Elks Club 44 Pleasant Street Rutland, VT 05701

**Date:** Sunday March 14th

**Time:** 12:00 - 2:00PM

**Time:** All ARC Members get a pre-assigned time, 15 minute increments

**BOARD MEMBERS:**

John B. Wing

Kate Tibbs

Bob Baxter

Herman Goldberg

**Photo Opportunity with a Leprechaun !**  
**Social Distancing Pick-up or Car Delivery**

**Receive Your Pot of Gold Bag**

**LUNCH and Lot's of GIFTS !**

**RSVP TODAY 802.775.1370**

**info@arcrutlandarea.org**



**HONORARY MEMBER:**

Terry Mangieri

## ARC 2021 Membership Form

**EXECUTIVE DIRECTOR**

Ross W. Almo

NAME: \_\_\_\_\_ Date \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**Representative Payee**

Denise Leach

**MEMBERSHIP OPTIONS**

\_\_\_ \$10 INDIVIDUAL \_\_\_ \$20 FAMILY \_\_\_ \$ \_\_\_\_ SPONSOR



Partner Agency

**FAVORITE SERVICES:** \_\_\_ DANCES \_\_\_ SELF ADVOCATES SABLE-R  
\_\_\_ REP PAYEE SERVICE \_\_\_ TRANSPORTATION \_\_\_ VOLUNTEERING  
\_\_\_ ADVOCACY/LEGISLATION \_\_\_ AKTION CLUB \_\_\_ OUTINGS

**Return to ARC Rutland Area:**

**128 Merchants Row, Suite 401**

**Rutland, VT 05701**



SPONSOR

## ARC Board President's Message

Dear Members and Supporters,

Happy New Year! We hope you all enjoyed the holidays. ARC's Reindeer Dash went very well and the board extends its sincere appreciation again to the Rutland Elks Club and to all others who worked hard to make this event special despite these challenging times.

ARC is looking forward to resuming in person programming again as soon as Covid restrictions ease up and warmer weather arrives. As soon as it's safe for indoor gatherings, our new Wing Center will open. The Wing Center will offer new and varied activities for our members. To help with this, ARC is seeking volunteers who would like to share their talents by leading an activity at the center or by helping to supervise the room. If interested, please contact Ross Almo at ARC.

In closing, I want to remind all our members and contributors how important your continued support is to maintaining ARC's programs. Without you, we couldn't carry out our mission.. **Please consider making a gift or purchasing a membership to ARC now.** Your support will be much appreciated.

Sincerely,

Melissa Stevens  
President, ARC Rutland Area Board of Directors

## MAGGIE PAK'S ACHIEVEMENT AWARDS

### 2020 WINNERS

**Tammy Lethbridge**  
**Terry Stevens**  
**Dale Dimick**  
**Robin Baptie**

## March is Disability Awareness Month

March is Developmental Disabilities Awareness Month, a time to raise awareness about the inclusion of people with developmental disabilities in all areas of community life, as well as awareness to the barriers that people with disabilities still sometimes face in connecting to the communities in which they live.. ARC's SABE-R Self Advocates Becoming Empowered - Rutland meets monthly and always welcomes new members. For additional information call ARC Rutland Area today. 802.775.1370

## Aktion Club & SABE-R

The ARC AKtion Club and Self Advocates group meet via Zoom the second Tuesday of each month at 3:30pm. At the end of each meeting the group enjoys participating in a game. We have had the opportunity to play Vermont Trivia, Hangman and Scattergories. For Christmas both groups donated funds within our community. The AKtion Club donated \$100 to sponsor a foster family via the Boys and Girls Club and SABE-R donated \$75 to the WSYB Christmas Fund. GMSA joined the group in January with an interactive discussion about COVID-19 vaccine truths. Many members have signed up for the Mission City Church - Tim Tebow Foundation Virtual *Night to Shine* on February 12. Last year we all had a great time at the Holiday Inn. Please considering joining. As we work our way through the pandemic in-person programs will be re-instated

### WANTED

#### Artist or Graphic Designer

To develop a Logo for ARC's SABE-R  
Self Advocates Becoming Empowered-Rutland

Self-Advocates Becoming Empowered Rutland  
Stand up for their rights  
Learn Independent living skills  
Members set and achieve goals  
Speak and act for themselves

SABE-R is affiliated with Green Mountain Self Advocates. Individuals learn social, life and advocacy skills necessary to be empowered. Members identify and use their abilities while bringing inclusion, joy and fun!

## ARC Rutland Area Event Calendar

Date	Event	Location	Trans
<b>FEBRUARY</b>			
2/2/2021	ZOOM - Phone Bingo	ZOOM	
TBA	Night to Shine	<i>*Virtual 2021</i>	
TBA	Snow Day w/ Vermont Adaptive	TBD	The Bus
2/9/2021	Joint SABE-R / AKtion Club Meeting	ZOOM	
<b>MARCH</b>			
3/2/2021	ZOOM - Phone Bingo	ZOOM	
3/9/2021	Joint SABE-R / AKtion Meeting	ZOOM	
TBA	Disability Awareness Day	TBD	
3/14/2021	St. Patrick's Grab & Go	Rutland Elks Club	
<b>APRIL</b>			
TBA	Spring Fundraiser Event	TBD	TBA
4/6/2021	ZOOM - Phone Bingo	ZOOM	
4/13/2021	Joint SABE-R / AKtion Club	ZOOM	
<b>MAY</b>			
5/4/2021	Joint SABE-R / AKtion Meeting	<i>*Outdoor location</i>	Bus
TBA	SPRING Barn Picnic & Dance	Duffy Family Home, Poultney	TBD Bus
TBA	Voices and Choices GMSA	Burlington TBD	TBA
<b>JUNE</b>			
6/8/2021	Joint SABE-R / AKtion Meeting	<i>*Outdoor location</i>	Bus
TBA	Relay for Life ACS	VT State Fairgrounds Rutland	TBA
TBA	Carvers Studio	West Rutland	Bus
TBA	FootGolf Tournament	Stonehenge Outdoor Course	TBA
<b>JULY</b>			
7/6/2021	Joint SABE-R / AKtion Club Meeting	Center Street Ally Lawn	Bus
TBA	Summer Concert	Killington	TBA
TBA	SABE-R Car Wash Fundraiser	TBD	TBA
TBA	Paddle & Picnic w/Vermont Adaptive	Kent Pond	TBA
<b>AUGUST</b>			
8/10/2021	Joint SABE-R / AKtion Club Meeting	<i>*Outdoor location</i>	Bus
TBA	Aktion/SABE-R Car Wash Fundraiser	TBD	TBA
TBA	National Night Out	Pine Hill Park	TBA
TBA	End of Summer BBQ	TBD	TBA
<b>SEPTEMBER</b>			
9/14/2021	Joint SABE-R / AKtion Club Meeting	<i>*Outdoor location</i>	Bus
TBA	Joint SABE-R / AKtion Bake Sale	Rutland Plaza TBD	TBA
TBA	Joint SABE-R / AKtion Fall Outing	TBD	TBA

*All dates and events are subject to changes*  
 Please call the office at least 5 days prior to all events  
 802.775.1370  
[info@arcrutlandarea.org](mailto:info@arcrutlandarea.org)



**ARC** Advocacy \* Resources \* Community

ARC Rutland Area Inc.  
Ross W Almo  
Executive Director  
E: [ExecDirector@ARCRutlandArea.org](mailto:ExecDirector@ARCRutlandArea.org)

Non-Profit Org.  
U.S. Postage  
**PAID**  
Permit #4  
Rutland, VT 05701  
PRST STD

**128 Merchants Row, Suite 401**  
**Rutland, VT 05701**  
**P: 802-775-1370**  
**E: [Info@ARCRutlandArea.org](mailto:Info@ARCRutlandArea.org)**



**ARC Rutland Reindeer Dash 2020**



**Do you want to  
become part of ARC?**

**Office Volunteer**

**Board Member**

**Event Volunteer**

**Contact  
ARC Rutland Area**

**Today for additional**

**Information**

**[info@arcrutlandarea.org](mailto:info@arcrutlandarea.org)**

**802.775.1370**

**Thank you to the Rutland Elk's, GE Community Concerns and all the  
Volunteers, ARC Board of Directors and Attendees**