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## Here are some ways you can support ARC Rutland Area!

- ***Become a Member today! – Join our **Aktion Club** and **SABE-R Self-Advocacy group**!***
- ***Hit the donation button on our website at [www.arcrutlandarea.org](http://www.arcrutlandarea.org)***
- ***Patronize our Sponsors and thank them for helping ARC Rutland Area!***
- ***Volunteer your time to support our activities.***

There are so many more ways that you can help us! Please reach out to:

**Diane Drake**  
**802-775-1370**  
**[execdirector@arcrutlandarea.org](mailto:execdirector@arcrutlandarea.org)**

**ARC Rutland Area is a 501(c)3 charitable organization**



## ***Summer 2023*** **NEWSLETTER**

### **Our Mission & Vision**

Our mission is to advocate for the right of individuals with developmental disabilities and their families to be regarded as valued citizens with the same entitlements as non-disabled individuals, including the right to lifelong opportunities for personal growth and full participation in the community.

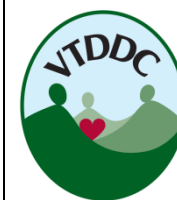
### **Member Happenings...**

The **End of Winter Dance** on April 23<sup>rd</sup> was a great event, and everyone had a wonderful time enjoying food, music, dancing, and advocacy!



### **Aktion Club**

With our partners at RSVP, the group has decorated post cards to be given to homebound people and veterans around Rutland. ***The Aktion Club is looking for members to join us to do community service activities and fundraising!***



### **SABE-R ACTIVITIES:** **VT-Developmental Disabilities Council (VT-DDC) Trainings**

Rutland Self-Advocates just received an informational training from Executive Director, **Kirsten Murphy**, of **VT DDC** on Vermont **ABLE** accounts. These valuable savings accounts are for persons with developmental disabilities and are not counted towards the \$2,000 cash asset limits of Social Security and Medicaid.

In July, Max Barrows from GMSA will be presenting the SABE-R members in Rutland Information about the Home & Community Based Community Services Waiver, to explain the rights that individuals with developmental disabilities have under that policy.



**SABE-R Grant Received from GMSA**

SABE-R of ARC Rutland Area was awarded a grant from GMSA that will be used to help the members of the SABE-R group to work on their skill sets to deliver *Ability Awareness Trainings* to local school districts, local counseling and community health providers' services and the court system beginning in the Fall.

**FREE PICNIC**

at  
**Pittsford Recreation Center**  
**Saturday, July 15, 2023**  
**12 PM to 3 PM**  
**Free Food & Drinks – Games - Activities**  
**RSVP NO LATER than July 5<sup>th</sup> (NO EXCEPTIONS!)**

**VINS Special Exhibit for ARC Rutland Area**

The Vermont Institute of Natural Science (VINS) will be putting on a *limited exhibition* for us as a sponsored event through our partner, Come Alive Outside. ***At the Spring Fling Dance on the June 25<sup>th</sup>, we will raffle off 10 tickets for this event!***



**National Night Out**

ARC Rutland Area will join the City of Rutland, its Police, Fire, and Recreation Departments, and other community partners, for the **2023 National Night Out at Meadow Street Park in Rutland, VT on Tuesday, August 1 from 4 - 7 pm. National Night Out** is an annual community-building campaign that promotes police-community partnerships and neighborhood fellowship to make our neighborhoods safer, better places to live. We will join other local nonprofit service providers and set up an exhibit booth that will allow us to tell people about all the great things that ARC Rutland Area provides to the community. WE WILL BE GIVING AWAY FREE POPCORN! **We're looking for members and friends to help staff the booth.**  
**Contact Diane at the ARC Office if you would like to help.**

**ATTENTION!!**

**We MUST have your timely RSVPs for all our events!** Without your confirmation, we cannot plan for food, transportation, and other arrangements!  
**PLEASE - RSVP promptly!!!**

**CALL ARC Rutland Area office at 802-775-1370 or e-mail us:**  
[info@arcrutlandarea.org](mailto:info@arcrutlandarea.org)

**ARC Rutland Area  
Event Calendar**

**June – October 2023**

Date	Time	Event	Location
June 25	1:00 PM – 4:00 PM	Spring Fling Dance	Amer. Legion-Castleton
June 27	6:00 PM – 7:30 PM	ARC Board Meeting	ARC office
July 11	6:00 PM - 7:30 PM	SABE-R Meeting	ARC office
July 15	6:00 PM– 7:30 PM	Kiwanis Family Fun Day	Pittsford Recreation Area
July 20	6:00 PM–7:30 PM	Aktion Club Meeting	ARC office
July 25	6:00 PM-7:30 PM	ARC Board Meeting	ARC office
August 1	4:00 PM – 7:00 PM	National Night Out	Meadow St. Park-Rutland
Sept/Oct	1:00 PM – 4:00 PM	Duffy Barn Picnic	Poultney
September 9	More Details soon	VINS Nature Center	Center St. Market Place Rutland
October 29 <sup>th</sup>	1:00 PM – 4:00 PM	Halloween Dance	Amer. Legion-Rutland