



ARC - Rutland Area, Inc.

Advocacy - Resources - Community

Serving Citizens with Developmental Disabilities and their Families

Volunteer Opportunities

MISSION

Our mission is to advocate for the right of individuals with developmental disabilities and their families to be regarded as valued citizens with the same entitlements as non-disabled individuals, including the right to lifelong opportunities for personal growth and full participation in the community.

- **Office Help:**

This is flexible in relation to volunteer's skill set. The work will entail a variety of tasks depending on current project deadlines. Responsibilities may include answering phones and other administrative tasks. This work helps to extend the resources of ARC to better assist the needs of our clients and the community.

- **Outreach and Marketing:** Identifying, designing and initiating media and marketing programs that will assist us in our effort to expand our services and grow our membership.

- **Fundraising:** Assist in organizing and running fundraising events.

- **Advisors, Mentors and Support Persons:**

- **Weekly In-house Programs and Activities**

- ✦ Skills, Learning, Advocacy and Creative Projects

- **SABE-R Self Advocates Group:** Support group meetings, activities, and community events. Assist with identifying individual and group goals, tasks and strategies. Initiate strategic action plans accordingly. SABE-R meets at the ARC office from 6 to 7 pm on the 2nd Tuesday of each month.

- **AKtion Club:** A Kiwanis-Family Member. Mentor and advise club members in their community service projects. AKtion Club members learn and exercise leadership skills while supporting their community. AKtion Club meets at the ARC office from 7 to 8 pm on the 2nd Tuesday of each month.

- **Dances and Other Social and Recreational Activities:** Volunteers help set-up, supervise, take photos, serve food, and clean-up at these events as needed.

- **Petition Project Leaders:** (Aug .– Nov.) We need assistance with gathering signatures for town funding petitions. Most Rutland County Towns require petitions for placement of ARC funding requests on voting ballots, Evenings and Saturday mornings seem to work best.

Criminal background checks are required for ARC staff and volunteers.