

December 28, 2023

PRESS RELEASE  
Rutland Herald

The Aktion Club and Self Advocates Becoming Empowered – Rutland (SABER) members of ARC- Rutland Area were honored and pleased to once again be able to provide a Christmas donation of \$350.00 to a family in need at the Boys and Girls Club of Rutland County.

Christina (CK) Zilski, Vice President of the Aktion Club and current member of SABER presented the check to staff member Iris Hudson, at the boys and Girls Club on December 20, 2023. CK remarked, “it’s a good feeling to do this work again since Covid.” The Aktion Club and SABER collaborated with the **Rutland Area Food Co-op** to create the “8 Bean Soup in a jar” this past December. The sales of these jars added to their earlier Car-Wash funds raised this summer to make this donation possible.

The Aktion Club’s main focus is to be community minded and give back whenever they can. SABER members collaborated on both fund raisers this year showing their support for bringing the Developmentally Disabled Population in Rutland Area and the non-disabled community together because they believe only attitudes are the real disabilities.

Diane Drake,  
Executive Director, ARC – Rutland Area, Inc.