

Our Mission & Vision

Our mission is to advocate for the right of individuals with developmental disabilities and their families to be regarded as valued citizens with the same entitlements as non-disabled individuals, including the right to lifelong opportunities for personal growth and full participation in the community.



An annual day of charitable giving held on the first Tuesday after Thanksgiving. This year, **Giving Tuesday** will be held on December 3, 2024. **We are excited that your donations to ARC will have an even bigger impact this year as ALL Giving Tuesday donations up to a total of \$1,000 to ARC will be Triple - Matched by an anonymous donor!** We hope we can count on your support.

We believe, and we are sure you do too, in the importance of empowering all people, especially those with ID/DD to live a fulfilling, and independent life as possible. **Your support of ARC helps its members develop life skills and social skills so they can experience their best life, just as you do!**

Beginning in November, please support ARC Rutland Area by donating through our website: <https://www.arcrutlandarea.org/donate/> or by mail to: ARC Rutland Area, 128 Merchants Row Ste. 401, Rutland, VT 05701

Thank you!

Member Happenings...

2024 ARC Rutland Area Barn Picnic

On Sunday Sept. 15th, ARC held its annual Barn Picnic in Poultney. Members enjoyed a lunch of hotdogs, pasta salad, and baked beans along with a variety of chips and sodas and cupcakes for dessert. They played lawn games such as cornhole and ladder golf and listened to music. *A big thank you to the Duffy Family for sponsoring and hosting this event!*



Member Happenings...(continued)

2024 ARC Halloween Dance

We had a wonderful turnout of over 90 people - many in great costumes - at our 2024 Halloween Dance on Sunday, Oct. 27th at the Rutland Elks Lodge #345. Our members enjoyed Domino's Pizza and cake for lunch followed by dancing and socializing with friends. The winners of our costume contest were:

- Karoline Gillen for most original costume as Mary Poppins
- Shelby Wortman for funniest costume as a prisoner
- Wyonna Czarnecki for scariest costume as a dead deer.

Our deepest appreciation to the Rutland Elks Lodge #345 for providing the venue and volunteers to serve the food, as well as to Domino's Pizza for providing the pizzas.



Self-Advocates Becoming Empowered-Rutland (SABE-R) Activities

During September and October, SABE-R members continued to work on their presentations for the Disability Acceptance Clinics they hold to bring awareness to local professionals about the issues they face as individuals with disabilities and how they want to be treated.

On Tuesday, October 22, the group presented to staff at the Rutland Free Clinic; and on Tuesday, November 5, they presented to a group at the SVU Castleton Campus. Our SABE-R members did a great and courageous job presenting and were well received at both venues!

AKtion Club Activities

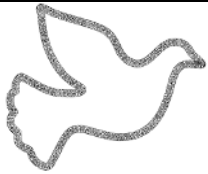


AKtion Club members are making and selling **8 Bean Soup Jars** and **Snowflake Wreaths** – continuing to fundraise to help a family in need this Christmas season.



They are selling these 16 oz. jars filled with 8 different kinds of beans and a seasoning packet, with a Bean soup recipe attached for \$8.50 a jar.

The Snowflake Wreaths are \$3.50 each. **If interested in purchasing either of these items, please contact ARC at 802-775-1370.**



A REMEMBRANCE

We want to share a farewell to **ARC member Donna Wade** who left us too soon. She passed away Saturday, October 12, 2024. Our condolences to her family and friends.



Want to give back to your community in a major way and advocate for those in need? ARC Rutland Area is seeking professionals to lend their skills and join our Board of Directors. It is critical that persons with developmental

disabilities be regarded as valued citizens with the same entitlements as non-disabled individuals. It is also essential that these individuals be provided with opportunities for full participation in their communities.

If you believe in these basic human rights and are willing to advocate for this population, a Board of Directors' position at ARC Rutland Area may be right for you!

If you are interested in this opportunity, please call Diane Drake at ARC Rutland Area, 802-775-1370 or e-mail her at execdirector@arcrutlandarea.org

ARC Rutland Area Event Calendar December 2024

DATE	TIME	EVENT	LOCATION
Tues. Dec. 3	GIVING TUESDAY Please support ARC Rutland Area by donating at https://www.arcrutlandarea.org/donate All GivingTuesday donations up to a total of \$1,000 to ARC will be TRIPLE Matched by an anonymous donor!		
Tues. Dec. 10	6 PM – 8PM	SABER_R & Aktion Club Meetings	ARC office
Sun. Dec. 15	12 PM – 4 PM	Annual Meeting & Holiday Dance	Rutland Elks Lodge
Wed. Dec. 25	Christmas Day – Office Closed		



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Here are some ways you can support ARC Rutland Area!

- ***Become a Member today! – Join our **AKtion Club** and **SABE-R Self-Advocacy group!*****
- ***Hit the donation button on our website at www.arcrutlandarea.org***
- ***Patronize our Sponsors and thank them for helping ARC Rutland Area!***
- ***Volunteer your time to support our activities.***

There are so many more ways that you can help us! Please reach out to:

Diane Drake
802-775-1370
execdirector@arcrutlandarea.org

ARC Rutland Area is a 501(c)3 charitable organization