

Spring 2025 NEWSLETTER

Our Mission & Vision

Our mission is to advocate for the right of individuals with developmental disabilities and their families to be regarded as valued citizens with the same entitlements as non-disabled individuals, including the right to lifelong opportunities for personal growth and full participation in the community.

Member Happenings...

ARC Sweetheart Dance - May 18th

As our Valentine's Dance had to be canceled due to a storm, this year we held a Sweetheart Dance in its place on Sunday May 18 at the Rutland Elks Lodge #345. A lunch of hamburgers and hot dogs was enjoyed by all courtesy of the Elks. ARC is very appreciative of the Rutland Elks Lodge for hosting and sponsoring this make-up dance, and the volunteers who made it all work!







ARC 2025 Annual Spring Fling Dance

On Sunday March 23, ARC held its 2025 Spring Fling Dance at the Castleton American Legion. ARC members enjoyed a lunch of Domino's Pizza with cake for dessert followed by dancing and socializing with friends.

ARC extends its sincere gratitude to all who assisted in making this dance a success: The Castleton American Legion for hosting the dance; Domino's Pizza for providing a variety of pizzas; and event volunteers: John Wing, Jen McNeil, Terry Stevens, Bobby Poquette, Jasper Kingsley, photographer Dmitri Beliakov, and Wayne Snow.







SABE-R Activities

On April 29th, members of our SABE-R group attended the GMSA Voices & Choices Conference in Burlington. They took part in various workshops related to self-advocacy empowerment and enjoyed a nice lunch. At the awards ceremony, Colleen Duffy received the Self-Advocate of the Year Award and Jess Corey the Ally of the Year Award for our SABE-R group. Congratulations Colleen & Jess!







IN REMEMBRANCE

We want to share a farewell to Robert L. (Bob) Parker Sr. Bob and his wife, Bette, attended many ARC events with ARC member Harmond Balch. Our condolences to Bette, Harmond, and all of Bob's family and friends.



ARC pays homage to one of our own - our beloved Herman Goldberg - who passed away on Sat. April 12 at the age of 90. Many of you knew Herman from his many decades as an ARC member, where he served on our Board of Directors as well as being Treasurer for both the Self-Advocates and AKtion Clubs

for many years. When he lived in Rutland, Herman also volunteered in the ARC office by sorting mail, assembling newsletters, rolling change. He attended most all of ARC's events, both indoors and outdoors, including many car wash and bake sale fundraisers with the AKtion Club. Herman also made an annual donation to ARC to cover the cost of the SABE-R group attending the annual GMSA Voices & Choices Conference.

Not much stopped Herman from participating and being with his peers and friends. He served his community well by raising funds for various causes, participating in the community and being a good friend to many. He will be sorely missed. Herman Goldberg will forever have a place in our hearts at ARC and in this community. Rest peacefully our dear friend. A Celebration of Life will be held on Sat. **May 31 from 2 – 4 pm** at the Rutland Elks Lodge.

| ARC Rutland Area | | | |
|--------------------------|--|---------------------------------|------------|
| Event Calendar | | | |
| DATE TIME FVENT LOCATION | | | |
| DATE | I IIVI 🗅 | EVENT | LOCATION |
| JUNE 2025 | | | |
| Tues. | 6 PM – 8PM | SABE-R & Aktion Club Meetings | ARC Office |
| June 10 | | | |
| Thurs. | Juneteenth Holiday – Office Closed | | |
| June 19 | | | |
| Sun. | 12 PM – 3 PM | Summer Splash @ Bomoseen | Bomoseen |
| June 22 | | Sponsored by Come Alive Outside | Pavillion |
| Wed. | 6 PM – 7:30 PM | ARC Board Meeting | ARC Office |
| June 25 | | | |
| JULY 2025 | | | |
| Fri. | Fourth of July Holiday – Office Closed | | |
| July 4 | | | |
| Tues. | 6 PM - 8 PM | SABE-R & Aktion Club Meetings | ARC Office |
| July 8 | | | |
| Sat. | 12 PM – 3 PM | Family Fun Day | Pittsford, |
| July 12 | | (Kiwanis Club & ARC) | VT |
| | | Pittsford Recreation Center | |
| Wed. | 6 PM – 7:30 PM | ARC Board Meeting | ARC Office |
| July 23 | | | |

Want to give back to your community in a major way and advocate for those in need? ARC Rutland Area is seeking professionals to lend their skills and join our Board of Directors. It is critical that persons with developmental disabilities be regarded as valued citizens with the same entitlements as non-disabled individuals. It is also essential that these individuals be provided with opportunities for full participation in their communities. If you believe in these basic human rights and are willing to advocate for this population, a Board of Directors' position at ARC Rutland Area may be right for you! If you are interested in this opportunity, please call Diane Drake at ARC Rutland Area, 802-775-1370 or e-mail her at execdirector@arcrutlandarea.org



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Here are some ways you can support ARC Rutland Area!

- Become a Member today! Join our Aktion Club and SABE-R Self-Advocacy group!
- Hit the donation button on our website at www.arcrutlandarea.org
- Patronize our Sponsors and thank them for helping ARC Rutland Area!
- Volunteer your time to support our activities.

There are so many more ways that you can help us! Please reach out to:

Diane Drake 802-775-1370 execdirector@arcrutlandarea.org.

ARC Rutland Area is a 501(c)3 charitable organization