

Our Mission & Vision

Our mission is to advocate for the right of individuals with developmental disabilities and their families to be regarded as valued citizens with the same entitlements as non-disabled individuals, including the right to lifelong opportunities for personal growth and full participation in the community.

Member Happenings...

ARC 2026 Summer Splash – Sponsored by Come Alive Outside – June 28th



We had a beautiful day and a great time at our ARC 2026 Summer Splash at Lake Bomoseen State Park. ARC members enjoyed a BBQ lunch of hamburgers and hotdogs, with a variety of salads, fruit, and cookies and brownies for dessert. After lunch, members played games of twister, corn hole, and bingo. There was also a limbo contest; congratulations to Caroline who took 1st place! 2nd place to Ellie and 3rd place to Kelia!!!



We extend our sincere appreciation to **Come Alive Outside** for sponsoring this annual event and to all the help provided by our volunteers that made it such a success.

ARC / Kiwanis Club Family Fun Day – July 18th



Despite the rainy weather that Saturday, ARC members had a good time at our 2026 ARC/ Kiwanis Club of Rutland, Vermont Family Fun Day at the Pittsford Recreation Center. We had a BBQ lunch of hamburgers and hot dogs, potato chips, a variety of soft drinks, along with individual brownie/cakes and pies for dessert – all courtesy of the Rutland Kiwanis Club. After lunch, members enjoyed singing karaoke, playing bingo, and socializing with friends.



We are so appreciative of the Rutland Kiwanis Club for sponsoring and volunteering their services at this annual event. Thank you also to all who stepped up to help at this event!

SABE-R & AKtion Club Activities

Local Officials Provide Valuable Presentations to the ARC SABE-R Group



Rutland City Mayor Tom Donahue came to visit us at our June 9th Self-Advocates meeting.

It was interesting to find some similarities between the mayor's job and that of our self-advocates. The mayor gave our self-advocates some tips on presenting to an audience, such as focusing on the top two or three points you feel most important. It was a great visit, and we are

very grateful that the mayor was able to make time for us. You can view a video of this presentation in three segments on PEGTV.



On July 15th, Mary Ashcroft, Esq. and Rutland Town Clerk, Kari Clark provided SABE-R an excellent presentation on voting as a developmentally disabled person in Vermont.

The presentation covered the differences between a primary and general election and every step in the voting process from the time you arrive at your voting site. The Town Clerk also talked about the role of many

Town Clerks in Vermont and the many services they provide.



Thank you to Atty. Ashcroft and Ms. Clark for their time and efforts to present this important information to our members.

Aktion Club Summer Fundraising



The Aktion Club has been busy attending summer festivals to sell all the craft items they have been making since Spring. On Sat. May 23rd, they had a booth at the Fair Haven Spring Fling event and on Sun. Aug. 2nd they were at the Benson Burdock Festival & Family Day. They had successful sales and great fun at both events.



They had a booth at The Rutland Town Community Day on Sun, Aug, 16th and will be selling items outside the ARC office during the Rutland Whoopie Pie Festival on Sat. Sept. 12th. **The Aktion Club donates all the proceeds from their fundraisers to local nonprofits at the end of the year.**

ARC Spring 2026 Life Skill Courses Wrapped up in June

Congratulations to these graduates, facilitators and instructors that made these courses such a success! We are so grateful to the **Bowes Health Trust** grant for making these life skill courses possible.

Safety & Prevention



Graduates: April G., Lester C., Elle A., Patty C., Stephanie L., Annaliese B., Tiffany B.

Course Facilitator: Tia Poalino

Holistic Health



Graduates: Elle A., Lester C., April G., Patty C., Tiffany B.

Course Instructor: Lisa Lynch

Other Noteworthy News...



Congratulations to ARC member **Colleen Duffy** on winning the Gold Medal in swimming at the 2026 USA Special Olympics Games in Minneapolis, MN. **We are so proud of you!**

Welcome Jordan Jankus to our Board of Directors. Jordan has decades of experience in advocacy and disability services. He is the proud parent of his adult daughter, Jessica, who was born with physical and cognitive disabilities.



Join Us for These ARC Rutland Area Events!

Date	Time	Event	Location
Wednesdays Sept. 2, 9, 16, 23, & 30	2:30 – 3:45 PM	Feeling Through Art Classes	ARC Office <i>Prior Registration Required</i>
Wednesdays Sept. 2, 9, 16, 23, & 30	4:00 – 5:00 PM	Holistic Happiness Classes	ARC Office <i>Prior Registration Required</i>
September 22	3:30 – 5:00 PM	Presentation by the Hon. Karl C. Anderson, Probate Judge	Rutland Free Library- Fox Room
Sun. Oct. 4	12:00 - 3:00 PM	ARC Rutland Area Barn Picnic	1325 E. Main St. Poultney, VT

See our full Calander on our website: <https://www.arcrutlandarea.org/calendar/>



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Here are some ways you can support ARC Rutland Area!

- ***Become a Member today! – Join our **Aktion Club** and **SABE-R Self-Advocacy group!*****
- ***Hit the donation button on our website at www.arcrutlandarea.org***
- ***Patronize our Sponsors and thank them for helping ARC Rutland Area!***
- ***Volunteer your time to support our activities.***

There are so many more ways that you can help us! Please reach out to:

Diane Drake
802-775-1370
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ARC Rutland Area is a 501(c)3 charitable organization